



W. Millar & Co.

MEALS BY MILLAR

PREPARED FOOD MENU

**Must be ordered by 12PM for same day delivery/pick up*

HOT MEALS (Reheat to Serve)

KOREAN STIR FRY (GF)

Colorful veggies simmered in a sweet aromatic sauce with your choice of protein served over jasmine rice sprinkled with black sesame

Bulgogi Beef 2 servings 28.00|4 servings 42.00

Chicken: 2 servings 26.00|4 servings 39.00

Tofu: 2 servings 24.00|4 servings 37.00

FIESTA ENCHILADAS

Crispy corn tortillas stuffed to the brim with your choice of chicken or roasted summer vegetables served over cilantro rice smothered in queso fresco & paired with authentic salsa verde

Chicken: 2 servings 26.00|4 servings 41.00

Veggie: 2 servings 24.00|4 servings 38.00

MARYLAND CRABCAKES

Jumbo lump crab cakes with Cajun spices served with spicy house made remoulade and oven roasted red pepper orzo tossed with summer scallions (Two 3 oz. crab cakes per person)
2 servings 30.00|4 servings 55.00

BEEF BOURGUIGNON

Sautéed tenderloin simmered in red wine, with pearl onions & mushrooms served over parslid egg noodles
2 servings 28.00|4 servings 42.00

BBQ CHICKEN

Juicy chicken thigh smothered in homemade BBQ sauce topped with pineapple salsa served over cilantro-lime black bean rice
2 servings 22.00 | 4 servings 39.00

TUSCAN SALMON

Creamy garlic Tuscan salmon with spinach and sun-dried tomatoes paired with roasted garlic, basil-pesto cavatappi
2 servings 32.00 | 4 servings 52.00

MEDITERRANEAN KABOBS (GF)

Choice of herb marinated protein skewered with grilled pepper, onion, tomato, and mushroom served over fragrant saffron rice studded with pine nuts and raisins, accompanied by homemade tzatziki

Beef: 2 servings 34.00|4 servings 59.00

Chicken: 2 servings 32.00|4 servings 57.00

Salmon: 2 servings 35.00|4 servings 60.00

GOLDEN CRISPY CHICKEN

Served with zesty honey mustard & BBQ sauce

ROOM TEMPERATURE MEALS

MOROCCAN CHICKEN

Grilled chicken breast seasoned with Moroccan spices, served over a bed of pearl pasta with raisins, parsley & pine nuts
2 servings 32.00|4 servings 52.00

CLASSIC CAESAR SALAD

Served with sundried tomatoes, Monterey jack cheese, parmesan cheese & roasted red pepper served with house made Caesar dressing

Salmon 2 servings 32.00|4 servings 55.00

Chicken 2 servings 28.00|4 servings 48.00

GREEK

Served with Kalamata olives, ripened roma tomatoes, red onion, feta & house made lemon vinaigrette

Salmon: 2 servings 32.00|4 servings 55.00

Chicken: 2 servings 28.00|4 servings 48.00

SIDES

RED BLISS POTATO SALAD

Seasoned red bliss potatoes with creamy dill dressing
2 servings 7.95| 4 servings 13.95

PASTA SOLEIL

Ziti pasta with sundried tomato, shoe peg corn & grilled asparagus
2 servings 7.95|4 servings 13.95

BRUSCHETTA PASTA SALAD

Pasta shells served with ripened tomatoes, arugula, parmesan cheese & extra virgin olive oil.
2 servings 7.95|4 servings 13.95

CAESAR SALAD

Curly kale, chopped hearts of romaine, shaved Parmesan, oven-roasted tomatoes & garlic croutons
Small (serves 2-4) 12.00 | Large (serves 4-6) 16.00

GARDEN

Field greens tossed with shredded carrots, sliced peppers, cucumber & cherry tomatoes
Small (serves 2-4) 12.00 Large (serves 4-6) 16.00

EARTH'S BEST QUINOA

Quinoa served with slivered carrots, almonds, raisins & vegetables tossed in extra virgin olive oil & fresh squeezed lemon juice: 2 servings 7.95| 4 servings 13.95

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M E A L S B Y M I L L A R

FROZEN MEAL MENU

**Just pop into the oven & enjoy! Can be ordered up until 3pm same-day*

CHICKEN ENTREES

CREAMY CHICKEN & BROCCOLI PASTA BAKE
Smothered in classic alfredo sauce and oozing with a gooey blend of Italian cheeses - \$38.00, serves 4

CHICKEN ENCHILADAS (GF)
Crispy corn tortillas stuffed to the brim with slow roasted shredded chicken served over cilantro rice smothered in queso fresco & paired with fiery enchiladas - \$41.00, serves 4

BALSAMIC CHICKEN (GF)
Skin-on chicken breast marinated in balsamic dressing with sun dried tomato served over roasted root vegetables - \$38.00, serves 4

PARMESAN CRUSTED CHICKEN
Crispy breaded chicken breast with aged parmesan atop a bed of classic Ratatouille - \$37.00, serves 4

CHICKEN POT PIE
Tender pieces of white-meat chicken with carrots, pearl onions, peas & homestyle gravy in a flaky pastry crust - \$37.00, serves 4

ADDITIONAL ENTREES

MEXICAN LASAGNA
Layers of corn tortillas, black beans, shoe-peg corn, tomato & onion, ribboned with a blend of creamy cheeses, paired with sour cream, and homemade salsa verde - \$41.00, serves 4

BUBBLY MAC N CHEESE (V)
White gooey gruyere mac n cheese topped with crunch buttery breadcrumbs - \$29.99, serves 4

HICKORY BBQ GRILLED
BBQ glazed salmon filets served over black bean & corn hash, with fresh herbs & creamy cilantro sauce - \$52.00 – serves 4

LOUISIANA RED BEANS & RICE (GF)
Smoky Andouille sausage with Cajun infused red beans and basmati rice - \$29.99, serves 4

MAMA MILLAR'S LASAGNA
Seasoned beef with layers of herbed ricotta & garlicky marinara \$45.00, serves 4-6

VEGGIE ENCHILADAS (V) (GF)
Crispy corn tortillas stuffed to the brim with roasted summer vegetables served over cilantro rice smothered in queso fresco & paired homemade salsa verde - \$41.00, serves 4

LOBSTER MAC N CHEESE
Our classic gruyere mac n cheese with buttery lobster tail - \$59.99, serves 4

HOMEMADE BAKED GOODS

Banana Bread - \$12.99/loaf

Zucchini Bread - \$12.99/loaf

Homemade Pop Tarts - \$19.99/half dozen

Croissants - \$10.99/half dozen

Ham & Gruyere Popovers - \$12.99/half dozen

Assorted Cookies - \$5.99/dozen

MAKE-YOUR-OWN KITS

HOMEMADE PIZZA KIT

Includes two balls of dough, mozzarella cheese, pizza sauce & pepperoni (yields two medium pizzas) - \$19.99

NACHO

Includes chips, guacamole, tex mex salsa, green onion & pico de gallo - \$19.95, serves 4

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